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Current Issue

Ahead of Print

Last articles

Archive

Vol.23 (2021): 1 2 3 4

Vol.22 (2020): 1 2 3 4

Vol.21 (2019): 1 2 3 4

Vol.20 (2018): 1 2 3 4

Vol.19 (2017): 1 2 3 4

Vol.18 (2016): 1 2 3 4

Vol.17 (2015): 1 2 3 4

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The impact of family intervention programs on the caregiver burden of hemodialysis patients

Social Sciences in Health - Review article

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Aim: Family caregivers of hemodialysis patients play a vital role in the health sector. However, the care they provide (especially over a long period of time) can cause fatigue, stress, and create a burden for them. Therefore, the aim of this review is to evaluate the effect of family intervention programs in reducing the burdens of family caregivers.

Methods: This is a systematic review, and the database used in the article search included EBSCO, ProQuest, and PubMed (using relevant keywords based on the topic and research title). The Preferred Reporting Items for Systematic Reviews and Meta-Analysis (PRISMA) flow diagram was used in selecting a total of 2,052 articles. 8 were obtained according to the inclusion criteria and were analyzed in a descriptive narrative approach.

Results: The 8 articles with family-based intervention programs consisting of family-centered interventions, educational interventions, and psychological