

ABSTRACT

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Effects of Coloring Games Therapy on Stress Level of Hospitalization in Preschool Children at Clara Pavilion, Myria Hospital, Palembang

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Stress in children at hospitals may be resulted from the physical environment of the hospital, such as the building hospitals or wards, equipments, distinctive odor, the white clothing of hospital officials and the social environment, such as fellow child patients or the interaction and the attitude of health workers, thus fear, anxiety, tension, pain and other unpleasant feelings are commonly encountered by the children. Children need media to be able to express those feelings and to cooperate with health workers during the treatment. The most effective medium is playing activities. The objective of this research was to determine effects of coloring games therapy on the stress level of hospitalization in preschool children at Clara Pavilion, Myria Hospital, Palembang. The type of the research was quantitative with the Pre-Experiment method, using One Group Pretest Posttest, and the samples were consisted of 42 respondents. The research results find that 42 respondents provided with coloring games therapy experiencing reduced stress in average. The T-test result finds that there is an effect of effective coloring games therapy to reduce the stress of hospitalization in preschool children, proved with P value = 0.000. Therefore, it is expected that such coloring games therapy is beneficial and can be made as an input, thus the play therapy is used as a standardized Standard Operating Procedure in order to fulfill the basic needs and daily activities and to maximize the functions of the playrooms and play facilities as means of stress reduction of hospitalization in children.

Bibliography: 30 (1995-2011)