

## **ABSTRACT**

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**The Relationship of Female Teenagers' Level of Knowledge about Dysmenorrhea against the Behavior of Dysmenorrhea Prevention at SMA Negeri 6 Palembang Year 2015**

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Dysmenorrhea often causes inconvenience in daily activities which affects around 40 to 70% of women at reproductive period experience menstrual pain. This study was aimed to find out the relationship of female teenagers' level of knowledge about dysmenorrhea against the dysmenorrhea prevention behaviors. Analytical Survey method with cross sectional design was taken as the method of the study. Around 127 students were taken as sample by using purposive sampling technique. The data obtained were processed and analyzed using univariate and bivariate statistical test of Chi Square. The result of this study showed that around 86 (67.7%) of female teenagers had good knowledge toward dysmenorrhea and 67 or 52.8% of them had sufficient behavior on dysmenorrhea prevention. The *p value* obtained was 0.465 and it was higher than 0.05 which means there was no relationship of female teenagers' level of knowledge about dysmenorrhea against behavior of dysmenorrhea prevention. Furthermore, the result of this study could give significant contribution as source on information to increase knowledge and behavior of dysmenorrhea prevention.

**References : 22 (2009-2014)**