

# **PROCEEDING**

The1st GINC 2017

"Nursing As The Key to Improve Quality of Care Through patient Safety Achieving the Standards of the National and International Hospital Accreditation"

No.	Name of Author	Tittle of oral or poster presentation	Type of Presentation
11.	Abdul WahabPakaya	Factors That Influence The Ability Of Team Leader In Clinical Decision Making In Nursing Care At Prof. Dr. H. Aloei Saboe Hospital Gorontalo Province	Oral Presentation
12.	Rini Wahyuni Mohamad	Relationship Between Nurses Caring Behavior With Isolation Patient Satisfaction At G4 Ward Of Prof. Dr. H. Aloei Saboe Hospital In Gorontalo City	Oral Presentation
13.	Zulkifli B. Pomalango	The Relationship Between Knowledge And Nurses' Motivation In Identifying The Patient Safety At Installation Of Emergency At Local Hospital Of Prof. Dr. H. Aloei Saboe Of Gorontalo City	Oral Presentation
14.	Sabirin B. Syukur	The Effect Of Room Head Leadership And The Work Load Toward Job Satisfaction And Bunout At Rsud Type B Gorontalo Province	Oral Presentation
15.	Firmawati	The Influence Of The Head Of The Room Of The Competency And Compliance Nurse Executing As Well As The Impact On The Quality Of The Implementation Of The Discharnge Planning On The Stroke Patients In The Hospital Type B And C In The Province Gorontalo	Oral Presentation
16.	Semuel Tambuwun, Herman J. Warouw, Moudy Lombogia	The Relationship Nurse Caring Behaviors With Client Satisfaction In The Irina C At Prof. Dr. R. D. Kandou Manado Hospitals	Oral Presentation
17.	Vausta Nurjanah	Nurses Job's Stress Determination	Oral Presentation

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# NURSES JOB'S STRESS DETERMINATION

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### **ABSTRACT**

**Introduction:** Stress can affect the mental and physical health of a person; thus, it can decrease his/her performance in the workplace. This fact cannot be avoided. Stress threshold is dependent on an individual's characteristics, experiences and coping mechanisms, but the negative effects of stress can further cause disadvantages to the person, and will also have an impact on the people surrounding him/her. Compared to other general and professional service jobs, nursing requires handling complicated and dynamic occurrences under strict time pressures.

Methods: Method of research was quantitative descriptive correlation

**Results:** research found the correlations job stress level among nurses and their coping mechanism was not significant (p value=0,18) and concludes that stress level is not related to the coping mechanisms.

**Conclusion:** Based on the results of this study, a Healthy Job Stress Coping Mechanism can be created for the nurses as part of a stress management program and further studies should be conducted regarding the specifications of stress levels among small groups and homogenous job situations. The study can use the same instrument but should be conducted for special ward job stress determination. It can be used for job stress determination among emergency or ICU nurses.

Keyword: Nurse, Stress, Coping Mechanism.