

## **ABSTRACT**

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**Effect of Health Education on the Dangers of Smoking on the Level of Knowledge of the State Senior High School 6 of Palembang In 2015**

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**Key words : Health Education, Dangers Smoking, Knowledge Level Youth**

**(46 halaman + 2 skema, 5 tabel + 14 lampiran)**

Health education are all efforts that are planned in influencing others in the field of awareness or change attitudes in order to better health. Health education referred to in this research is the health education related to personal health associated with smoking.

This study aims to determine the effect of health education on the dangers of smoking on adolescent knowledge level in SMA Negeri 6 Palembang in 2015. The population in this study were all male students of class X IPA at SMAN 6 Palembang and samples taken as many as 69 students. This type of research is quantitative by using a pre-test and post test study. Data collected by questionnaire and the analysis of univariate and bivariate data through dependent t-test using computerized with SPSS version 16 Software.

From the results, the average teenager's knowledge before being given health education about the dangers of smoking that maximum value of 8, the minimum value of 2. The average score of knowledge teenager after being given health education about the dangers of smoking an average of 5.51, the maximum value of 7, the minimum value of 7. There are differences in the average level of knowledge before and after the health education about the dangers of smoking to the value of the P value of 0.001.

**Bibliography : 2005 – 2013**