

ABSTRACT

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The Relationship between Knowledge about Menopause to Anxiety Facing Menopause Faced in Premenopausal Women 45-50 Years at RT 62 Puskesmas Sukawinatan Palembang

SKRIPSI

PROGRAM STUDI S1 KEPERAWATAN

FAKULTAS KESEHATAN

UNIVERSITAS KATOLIK MUSI CHARITAS

Keywords: knowledge, menopause, anxiety

(Xiv + 50 pages + 7 tables + 3 figures + 12 enclosures)

Menopause is a natural thing that will happen in women. But there are still women who do not understand, it is to be on the negative effects experienced after menopause which can cause anxiety. This study purposes to know The Relationship between Knowledge about Menopause to Anxiety Facing Menopause Faced in Premenopausal Women 45-50 Years at RT 62 Puskesmas Sukawinatan Palembang 2015. Using an analytical research with cross sectional approach and samples are 30 respondents. The results is respondents have good knowledge is 22 (27.3%) who experienced anxiety facing menopause 10 (45.5%) do not worry, 6 (27.3%) mild anxiety, 6 (27.3%) severe anxiety and less knowledgeable 8 (37.5%) who experienced anxiety facing menopause 2 (25.0%) do not worry, 3 (37.5%) are worried and 3 (37.5%) severe anxiety, from the statistical test using chi square test shows the figures p value = 0.600 Because the p value > 0.05, it can be concluded that there is no correlation between knowledge of the anxiety facing menopause in premenopausal women 45-50 years old. It is necessary for the role of health personnel to provide counseling and reduces the anxiety experienced by premenopausal women.

Bibliography: 2007 - 2015