

ABSTRACT

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Relationships Pain of Rheumatoid Arthritis with the Daily Physical Activity of the elderly in Panti Sosial Tresna Werdha Teratai KM 6 Palembang

Skripsi

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Background: Someone who enter old age has many physiological decline. The decline in physiological function as result of generative (aging) is cause of emergence of various diseases. Rheumatoid arthritis is an autoimmune diseases that occurs in the joint tissue with one symptom that is pain in the so that pain of this Rheumatoid arthritis interferes daily activity of elderly people. **The purpose** of this study was to determine the relationship between pain of rheumatoid arthritis with daily physical activity of elderly people in Tresna Werdha Teratai KM 6 Palembang year 2016. **The research method** was quantitative with cross sectional approach. The population in this research were all elderly in Tresna Werdha Teratai KM 6 Palembang. The sample in this study were 54 respondents. Sampling was by purposive sampling. Statistical test **result** got value 0,030 where $p < \alpha 0,05$ then H_a was accepted. **The conclusion** of this research is there is a relationship between the rheumatoid arthritis pain with daily physical activity. **Suggestions** from this research is for health practitioners especially nurses who treat elderly people can reduce pain rheumatoid arthritis so it does not interfere patient's daily activities.

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