

ABSTRACT

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Factors Associated With Exclusive Breastfeeding At Work In Area Puskesmas Social Palembang 2016

SKRIPSI

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Keywords : attitude, motivation, parity, and breastfeeding exclusive
(xv pages + 2 pictures + 14 tables + 12 appendix)

Background : Failure mothers in breastfeeding because of lack of motivation and self-awareness in giving exclusive breastfeeding. Exclusive breastfeeding is giving only breast milk without food and other drinks to babies from the age of 0-6 months.

Aim : This research aims to knowing Factors Associated With Exclusive Breastfeeding In Nursing Mother Social Puskesmas in Palembang 2016.

Method : This research uses analytic *survey* research with draft *cross sectional*, with analysis *Chi-square*. The technique of collecting the results of research use *Accidental sampling* with a sample of 34 respondents.

Result : The results showed that does not give exclusive breastfeeding as much as 16 (47.1%) and who exclusively breastfed were 18 (52.9%), respondents who have a good attitude as much as 22 (64.7%), high motivation were 19 (55.9%), Child parity ≥ 3 by 24 (70.6%).

Conclusion : There is no significant relationship between attitude with exclusive breastfeeding in nursing mothers in Puskesmas Social Palembang 2016 (*p value* 0.297), there is no significant relationship between motivation and exclusive breastfeeding in nursing mothers in Puskesmas Social Palembang 2016 (*p value* 0.319), there is no significant relationship between parity with exclusive breastfeeding in nursing mothers in Puskesmas Social Palembang 2016 (*p value* 0.270).

Suggestion : Social expected more attention to the health center and increase promotion *posyandu* about exclusive breastfeeding for mothers with babies and mothers who will get the baby.

Bibliography : 29 (2007-2015)