

ABSTRACT

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Correlation between mother background knowledge about balanced nutrition and supplaying of breakfast food in TK Dirgantara Talang Betutu Palembang.

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Key word : Knowledge of balanced nutrition, supplaying of break fast.

(xvi + 68 pages + 13 tables + 15 appendixs)

Background : In additional pregnancy, breasitffeeding mom, elderly, child is one of group that sensitive with nutrition. The children is around 3-5 years old have a hight risk and must get more interest. Very hight risk of factor from the child so that will have very possible the child that malnutrition energy (kurang energi protein “KEP”). Reseach data of basic healty (2010) prevelensy children’s have problem of nutrition in Indonesia it’s around 17,9%. From totaly of prevelency, childrens is malnutrition is 13% dan 4,9% for the childrens that bad nutrition. While, based on departmen of healty Palembang prevelency malnutrition in 2013, there have malnutrition with bad nutrition category (ultra thin) they hace 13 children and 845 childrean are thin.

Aim : To find out correlation between mother background knowledge about balanced nutrition and supplaying of breakfast food in TK Dirgantara Talang Betutu Palembang.

Method : This study uses the analytical method with *cross sectional* design. Research sampe mother’s have childrens in TK Dirgantara Talang Betutu Palembang, and the sample consisted of 41 respondents by using *purposive sampling*.

Result : The resul from univariat and bivariat. There are 22 (53,7%) who have good knowladge, while 19 (46.3%) who have bad knowladge. Good supplaying of break fast food are 23 (56,1%) and 18 (43,9) for bad supplaying break fast. Result of chi square is there any correlation between mother background knowledge about balanced nutrition and supplaying of breakfast for childrens with p value = 0,021. Based on these of research, researcher hope mother home can increase their knowladge about balanced nutrition with supplaying breakfast.

Reference : 38 (2009-2015)