

ABSTRACT

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The Correlation of Young Women's Knowledge Against the Management Behavior of Vulva Hygiene during Menstruation In Grade X and XI Students at SMA Xaverius 2 Palembang 2017

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Background: At the time of menstruation is very necessary self care to keep and maintain the hygiene during the menstruation, especially the vulva hygiene. Vulva hygiene behavior considerations in young women are still very low, such as the indolence of replacing sanitary pad that can cause the vagina irritation. It causes because of the lack of young women's knowledge about vulva hygiene during the menstruation.

Aim: The purpose of this study was to determine the correlation of young women's knowledge against the management behavior of vulva hygiene during menstruation in grade X and XI students at SMA Xaverius 2 Palembang.

Method: This study uses the analytical survey method with cross sectional approach and sampling with total sampling as much 108 respondents.

Result: The results of this found is 73 (67,6%) have good knowledge and 35 (32,4%) have less knowledge. Whereas good behavior as much as 84 (77,8) and 25 (23,1%) have less behavior. From the results of chi square test, obtained, there is correlation of young women's knowledge against the management behavior of vulva hygiene during menstruation with p value is 0,002. Providing counseling about vulva hygiene during menstruation is very necessary to provide in improving the knowledge and behavior of young women about vulva hygiene management.

Bibliography: 2009-2017