

ABSTRACT

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The Description of Falling Down Prevention Awareness at Harapan Kita Nursing Home KM 6 Palembang.

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***Background** : Increasing age will affect physical condition of elderly. Physical setback problem which experienced by elderly is innervations system disorder such as cognitive impairment, the cognitive function includes learning process, perception, comprehension, understanding, knowledge, and attention so that the response of the elderly becomes slower on which they are not able to finish their activity. The attempt that the elderly can do is doing activity that can increase the awareness of falling down prevention.*

***Method** : The method used in this study is descriptive survey. The population of the study was all of the elderly at Harapan Kita Nursing Home KM 6 Palembang. and the sample wa 45 respondents which selected by using total sampling*

***Aim** : Knowi the description of falling down prevention awareness at Harapan Kita Nursing Home KM 6 Palembang*

***Results** : results of the study showed that 6 respondents (13.0%) were 45 until 59 years old, 31 respondents (67.4%) were 60 until 74 years old, 8 respondents (17.4%) were 75-90 years old. The number of respondents were 27 famale respondents (60.0%) and 18 male respondents (40.0%). The awareness of falling down prevention showed a total of 6 respondents (13.3%) with highly low awareness, 18 respondents (40.0%) with low awareness, 14 respondents (31.1%) with good awareness, and 7 respondents (15.6%) with highly good awareness at Harapan Kita Nursing Home KM 6 Palembang. It was expected that the management of Harapan Kita Nursing Home KM 6 Palembang improves their management system in carrying out activities which can increase the elderly cognitive function.*

***Keywords:** Elderly, Awareness, Falling Prevetion.*