

ABSTRACT

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overview of time management, stress and procreation scripting in Nursing Students at the Faculty of health at the Musi Charitas Catholic University Palembang.

SKRIPSI

**PPROGRAM STUDI ILMU KEPERAWATAN DAN NERS
FAKULTAS ILMU KESEHATAN
UNIVERSITAS KATOLIK MUSI CHARITAS**

Background: *Time management is a planning, organizing, mobilizing and controlling that must be managed effectively and efficiently. Stress is a subjective human experience, stress management is a positive way of thinking every problem that comes to the individual. Procrastination is a work delay that should be done but delayed for tomorrow. The three above are factors delaying thesis in students.*

Research Objectives: *To know the time management, stress, and procrastination of thesis preparation for nursing students in the Faculty of Health, Musi Charitas Catholic University, Palembang.*

Method: *This type of quantitative research uses descriptive survey design with cross-sectional approach. Porposive sampling technique as many as 58 student respondents.*

Results: *The results of this study found that students who had good time management were 33 respondent (56.9%), moderate stress management was 46 respondent (84.3%), whereas in procrastination when writing thesis there were moderate procrastination, namely 29 respondent (50.%). The results of this study explain that there are students who experience stress when preparing their thesis and delaying their thesis preparation. Good time managment can reduce the impact of stress that will arise and can prevent delays during the thesis.*

Keywords: *time management, stress management, and procrastination*