

ABSTRACT

Oom Komalasari, Effect of Job Stress on Employee Performance At PT. Saba Indomedika Jaya Palembang (Supervised by Dra. Sulistyawati MFS, M.Sc.)

This study aimed to determine the effect of work stress on employee performance at PT. Saba Indomedika Jaya Palembang. The population in this study were all employees of PT. Saba Indomedika Jaya Palembang. The sampling technique using purposive sampling method, ie sampling technique with specific considerations, where respondents were selected were all employees of PT. Saba Palembang the 36 respondents consisting of employees of the commissioner, managing director, operations department, sales department, support department, accounting, finance and tax departments, SCM department, products and marketing department and HRD department. Hypothesis testing using simple regression analysis to prove the hypothesis about the effect of work stress on employee performance. It can be seen from the table Coefficients in column sig, which generated significant value less than 0.05. Based on the obtained value of Adjusted R Square of 0.106, which means 10.6% of job stress affects employee performance, and the remaining 89.4%. Std. Error of the Estimate or 3.93269 of the smaller SEE values will make the appropriate regression model to predict the dependent variable. Results of this study indicate that there are significant between job stress and employee performance with a significance value $0.03 < 0.05$, which means that the hypothesis is accepted.

Keywords : Stress Work , employee performance.