

## ABSTRACT

**Aan Nuramsha: 30.01.13.0001**

**Picture Effectiveness Range Of Motion (ROM) In Stroke Patients In RS.RK Charitas Palembang**

**ESSAY**

**NURSING STUDY PROGRAM**

**FACULTY OF HEALTH SCIENCES**

**CATHOLIC UNIVERSITY MUSI CHARITAS**

Keywords: Stroke, Range Of Motion (ROM)  
(Xv + 64 pages + 10 tables + 3 charts + attachments)

**Background:** Stroke is a suddenly progressive, rapidly progressive, clinical syndrome that lasts for 24 hours or more caused by a brain hemorrhage disorder. One of the management of stroke patients, by giving the range of motion / Range Of Motion (ROM). Range Of Motion (ROM) is a joint range of motion exercises performed for all appropriate areas, to maintain or improve joint motion, range of motion exercises is performed as soon as the clinical condition of neurology and patient hemodynamics is stable.

**Objectives:** To find out the Effectiveness Overview of Range Of Motion (ROM) In Stroke Patients In RS. RK. Charitas Palembang 2017.

**Method:** This research uses quantitative method. Data collection using secondary data by observation or view data from patient list, Total population 30 respondents, by Total Sampling method.

**RESULTS:** The results of the study were male sex (53.3%), high school majority (40.0%), age 61-70 (43.3%), duration of illness (60.0%), muscle strength before Performed Range Of Motion (ROM) at most on a scale of 3 (43.3%), while muscle strength after the Range Of Motion (ROM) average increased on a scale of 4 (53.3%).

**Suggestion:** Expected in doing Range Of Motion (ROM) training nurses can also participate in doing Range Of Motion (ROM) exercise.

**References 30 (2007-2016)**