

ABSTRACT

Wendi Putra Pratama 3001140056

Relationships nutritional intake parity and obedience ferrum tablet consumption toward anemia incidence in pregnant mom

SKRIPSI

PROGRAM STUDI ILMU KEPERAWATAN

FAKULTAS ILMU KESEHATAN

UNIVERSITAS KATOLIK MUSI CHARITAS

Background : Anemia is generally recognized as one of the biggest health problems faced by pregnant mothers in Indonesia. In 2017, there were 1448 pregnant mothers diagnosed with anemia in Palembang. Hence, this phenomena leads to the jeopardy that threatens the baby and mother with the prematurity and bleeding occurs. Furthermore, there are several factors causing pregnant mothers having anemia; insufficient nutrition intake, mothers giving birth more than three times, and the less consumption of Ferrum tablet

Aim : The purpose of this study is to find the correlation between the nutrition intake, parity, and the regularity of the Ferrum tablet consumption towards the pregnant mothers with anemia.

Method : This study used the analytical method with cross sectional design. The population of this study was the pregnant mothers in Puskesmas Taman Bacaan with 44 of them became the respondents. The sample was obtained by using the total technique sampling. In addition, the analysis of the data was constructed using Kendall Tau and Lambda test.

Result : The result of the study found that: 30 out of 44 respondents had anemia (68.2%), 23 respondents (52.7%) suffered malnutrition, 34 participants had parity with multifarious (77.3%), and 11 (25%) of them did not take the Ferrum tablets regularly. Kendall Tau test and Lambda test results found that the correlation between nutritional intake ($p=0,000$) and regularity of Ferrum tablet consumption was ($p=0,026$) toward anemia. There is no correlation between parity with anemia ($p=0,367$) in pregnant mom at Puskesmas Taman Bacaan Palembang.

Suggestion : It is important to raise the awareness of the anemia that threatens pregnant mother. It is also crucial for the medics to give more information about preventing the anemia with the regular consumption of Ferrum tablets.

Keywords : Anemia, nutritional intake, parity, ferrum tablet consumption