

## **ABSTRACT**

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*Characteristic Analysis With The Attitude Of Post Menarche Young Women at SMP Xaverius 6 Palembang*

### **SKRIPSI**

**PROGRAM STUDI ILMU KEPERAWATAN**

**FAKULTAS ILMU KESEHATAN**

**UNIVERSITAS KATOLIK MUSI CHARITAS**

**Background:** *Girls have experienced menarche as a sign of sexual maturity with an age range of 10 – 16 years. Girls who experience menarche are characterized by anxiety, shame, and fear.*

**Aims:** *this study aims to determine the relationship characteristics with the attitude of post menarche young women in SMP Xaverius 6 Palembang.*

**Method:** *this type of research is analytic survey with cross sectional design. the subjects of this study were 7th grade girls. Sampling using total sampling technique with a large sampel of 65 respondents according to inclusion and exclusion criteria. Data analysis using fisher exact test and pearson chi square test with significance level 0.05.*

**Result:** *Test result Fisher Exact Test and Pearson Chi Square obtained no relationship characteristics with the attitude of young woman after menarche with significance level ( $p = >0.05$ ).*

**Conclusion :** *The results of this study were obtained by teenage girls most of them > 12 years with 96.9% percentage, average menarche age <12 years old as much as 50%, most of the order of birth of children to 1 and 2 as much as 66.2% and most of the tribe Tionghoa as much as 86.2%. Most positively post menarche with a percentage of 64.4%. Age relationship, birth order with post-menarche attitude was analyzed using Fisher Exact test and culture sku relation with post-menarche adolescent attitude using Pearson Chi Square test analysis got no relation with  $p => 0,05$ .*

**Suggestion :** *It is expected that young women receive menarche because it is part of him.*

**Keyword:** *Attitude , Characteristics, Post Menarche.*