

ABSTRACT

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The Risk Of Falling in The Elderly Panti Tresna Werdha Teratai KM 6 Palembang.

SKRIPSI

PROGRAM STUDI ILMU KEPERAWATAN

FAKULTAS ILMU KEPERAWATAN

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Background: *Physical changes in the elderly will experience some problems, one of which is the result of a musculoskeletal system disorder that will experience a change in physical deterioration in walking disorders, feet that cannot be firmly treaded. The cause of falls in the elderly occurs as a result of slipping, tripping, and accompanying and environmental conditions. From the cause of falling if it is not handled immediately it can have an impact on physical, psychological and economic damage. Efforts that can be made to minimize the prevention of falls in the elderly can be done by providing preventive health education for the elderly by using poster media.*

Purpose: *Knowing the risk picture of falling on the elderly at the Tresna Werdha Teratai Nursing KM 6 Palembang*

Methods: *Using a quantitative research design with a descriptive survey, a sample of 51 respondents using total sampling was obtained*

Results: *The results obtained from the age of the majority of respondents age 70-90 years (52,9%) obtained 27 respondents, the sex of the majority of female respondents (56.9%) obtained 29 respondents, the risk of falling in the majority (66.7%) obtained 34 respondents in the elderly at the Tresna Werdha Teratai Km 6 Palembang. This shows that the age and sex of women have a risk of falling.*

Suggestion: *Increasing the role of nurses as educators to always and applying preventive education to the elderly so that the elderly do not experience recurrent falls and are at risk of falling high.*

Keywords: Risk Falls, Elderly